

Employee Assistance Program (EAP)

Mutual of Omaha

Gleaners provides an Employee Assistance Program (EAP) to full-time employees. This coverage is 100% company paid. As an employee, or eligible dependent, your EAP benefits include:

- Unlimited telephone access to EAP professionals 24 hours a day, seven days a week
- Telephone assistance and referral
- Service for employees and eligible dependents
- Legal assistance and financial services
- Online will preparation
- Legal library and online forms
- Telephonic financial consultation
- Financial tools and resources
- Resources for:
 - Substance abuse
 - Dependent and Elder Care assistance and referral services

Examples of personal and job-related concerns why you may utilize the EAP include:

- ~ Emotional well-being ~ Healthy lifestyles
- ~ Family and relationships ~ Work and life transitions
- ~ Legal and financial

What to Expect

When you call, you will speak directly to an EAP professional to receive immediate support and guidance. You can entrust your EAP professional to access your needs and handle your concerns in a confidential, respectful manner. There is no cost to you for utilizing EAP services. If additional resources are needed, your EAP professional can assist by locating affordable solutions in your area.

How to Contact Mutual of Omaha EAP

Available anytime: 1-800-316-2796

Mutualofomaha.com/eap