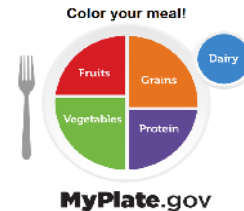




CHEESY CHICKPEA AND BROCCOLI BAKE



Ingredients:

- 1 large bunch fresh broccoli cut into medium sized florets or 1 pound bag frozen broccoli**
 - 1 15.5 ounce can chickpeas, drained and rinsed**
 - 1 cup shredded cheddar, Gruyere, or vegan cheese**
 - 1/3 cup whole wheat breadcrumbs**
- 1 tablespoon olive oil
salt and pepper to taste

Directions:

1. Preheat oven to 400°F.
2. If using fresh broccoli, lightly steam it first.
3. Toss steamed broccoli and chickpeas with olive oil. Place in a 9-by-9-inch baking pan.
4. Add salt and pepper to taste. Top evenly with grated cheese, then top evenly with breadcrumbs.
5. Bake 10-15 minutes or until cheese is melted and breadcrumbs are slightly browned. Enjoy!

Find more recipes and resources online at: www.gcfb.org/recipes_resources

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Call the number below for assistance!

Mention **Gleaners** when speaking with your SNAP representative.

F.O.R.
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Para obtener ayuda para encontrar una despensa de alimentos, ayuda para presentar una solicitud de beneficios de SNAP o referencias a otros recursos, llame al

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For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

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خط المساعدة



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