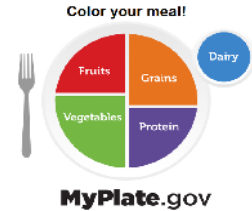




MORROCAN CARROT SALAD



Ingredients:

6 medium carrots

1/2 small onion

1 large lemon

3 tablespoons canola oil

1 teaspoon curry powder

1/2 teaspoon salt

1/4 teaspoon ground black pepper

1/4 cup dark or golden raisins

Directions:

1. Rinse and peel carrots and onion
2. Shred carrots with a grater. Dice onion.
3. Rinse lemon and cut in half. In a small bowl, squeeze juice. Discard seeds.
4. In a second small bowl, combine oil, curry powder, salt, pepper, and 2 tablespoons of the lemon juice. Mix well. Let marinate 5 minutes.
5. Pour liquid mix over carrots and onions. Stir in raisins. Mix well.

Find more recipes and resources online at: www.gcfb.org/recipes_resources

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Mention Gleaners when speaking with your SNAP representative.

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1-888-544-8773

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Food Bank Council of Michigan
Financiado en parte por el Departamento de Salud y Servicios Humanos de Michigan
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