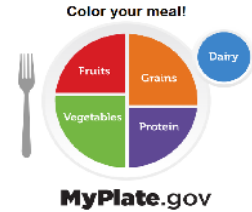




COCOA NUT BUT- TER ENERGY BALLS



Ingredients:

1/2 Cup Peanut or Almond Butter

1/4 Cup Maple Syrup (Honey or Agave)

1/4 Cup Chia Seeds

1 Cup Rolled Oats

1/3rd Cup Unsweetened Shredded Coconut

2 Tablespoons Cocoa Powder

Directions:

1. In a large bowl, mix all ingredients together. Starting with 1/2 cup nut butter and adding more if the mixture seems too dry
2. Chill for 10 minutes
3. Shape into small balls, about 1 inch diameter
4. Enjoy!

Find more recipes and resources online at: www.gcfb.org/recipes_resources

Want to apply for SNAP Benefits? Call the number below for assistance!

Mention **Gleaners** when speaking with your SNAP representative.

F.O.R.
Comida y otros recursos
LÍNEA DE AYUDA



Para obtener ayuda para encontrar una despensa de alimentos, ayuda para presentar una solicitud de beneficios de SNAP o referencias a otros recursos, llame al

1-888-544-8773


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Food and Other Resources
HELPLINE



For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

1-888-544-8773

F.O.R.
خط المساعدة



لتصلون على المساعدة في العثور على مخزن طعام، أو المساعدة في التقدم بطلب للحصول على مخصصات SNAP، أو الإحالات إلى موارد أخرى، اتصل بالرقم

1-888-544-8773

 Operado por el Consejo del Banco de Alimentos de Michigan
Food Bank Council of Michigan
Financiado en parte por el Departamento de Salud y Servicios Humanos de Michigan
Michigan Department of Health and Human Services

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