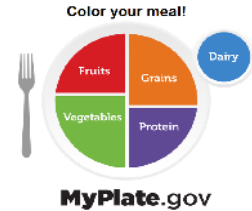




# SIMPLE BEAN SALAD

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## Ingredients:

**1 medium pepper**  
**1 medium tomato**  
**1 cup chopped cucumbers**  
**Juice of 1 lemon**  
3 tbsp apple cider vinegar

**1 can pinto beans**  
**1 can kidney beans**  
3 tbsp of olive oil  
salt and pepper to taste

## Directions:

1. Bring a large pot of water to a boil and cook the pasta until done, but slightly firm (follow package directions). Drain and rinse under cold water.
2. In a large bowl, combine cooled pasta, pinto beans, kidney beans, peppers, cucumbers, and tomatoes.
3. Mix olive oil, apple cider vinegar, lemon juice and seasonings for the dressing
4. Drizzle dressing on salad and serve chilled.

Find more recipes and resources online at: [www.gcfb.org/recipes\\_resources](http://www.gcfb.org/recipes_resources)

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