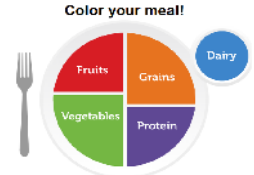




# APPLESAUCE LOAF CAKE



MyPlate.gov

## Ingredients:

**1/2 cup walnuts**

**1 1/2 cups applesauce, unsweetened**

**1 cup raisins**

**1 egg**

**2 tbsp vegetable oil**

**1 tsp vanilla extract**

**2 cups flour (all purpose)**

**1 cup sugar**

**2 tsp baking soda**

**1/2 tsp ground cinnamon**

**1/2 tsp ground nutmeg**

## Directions:

1. Preheat oven to 350 °F. Grease two 8x4x2 inch loaf pans or muffin pans.
2. (Optional) Toast walnuts in a skillet pan. Stir while heating on medium-low heat for 5-7 minutes then set aside to cool.
3. Mix applesauce, egg, sugar, oil and vanilla together in a large bowl. Mix flour, baking soda, cinnamon, and nutmeg together in a smaller bowl.
4. Pour flour mixture into applesauce mixture and stir to combine. Once combined, stir in raisins and walnuts.
5. Pour half of the batter into each greased pan or muffin pan and bake until cooked through, about 40-55 minutes.
6. Remove from oven and cool for 10 minutes. Remove from pans to finish cooling. Once fully cooled, enjoy!

Find more recipes and resources online at: [www.gcfb.org/recipes\\_resources](http://www.gcfb.org/recipes_resources)

# Want to apply for SNAP Benefits?

## Call the number below for assistance!

Mention **Gleaners** when speaking with your SNAP representative.

**F.O.R.**  
Comida y otros recursos  
**LÍNEA DE AYUDA**



Para obtener ayuda para encontrar una despensa de alimentos, ayuda para presentar una solicitud de beneficios de SNAP o referencias a otros recursos, llame al

**1-888-544-8773**

**F.O.R.**  
Food and Other Resources  
**HELPLINE**



For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

**1-888-544-8773**

**F.O.R.**  
خط المساعدة



للحصول على المساعدة في العثور على مخزن طعام، أو المساعدة في التقدم بطلب للحصول على مخصصات SNAP، أو الإحالات إلى موارد أخرى، اتصل بالرقم

**1-888-544-8773**

**food BANK** **MiDHHS**  
Operado por el Consejo del Banco de Alimentos de Michigan  
Food Bank Council of Michigan  
Financiado en parte por el Departamento de Salud y Servicios Humanos de Michigan  
Michigan Department of Health and Human Services

**food BANK** **MiDHHS**  
Operated by the Food Bank Council of Michigan  
Funded in part by the Michigan Department of Health and Human Services

**food BANK** **MiDHHS**  
مستشارت: 1-888-544-8773  
1-888-544-8773

**¿TIENE UNA TARJETA BRIDGE?**



**COMPRE \$1  
OBTENGA \$1 GRATIS  
FRUTAS Y VERDURAS**



**HAVE A BRIDGE CARD?**



**BUY \$1  
GET \$1 FREE  
FRUITS & VEGGIES**

**DoubleUpFoodBucks.org/GetFresh**

**866.586.2796**

**هل لديك "بطاقة الفود ستامب" BRIDGE CARD؟**



**اشتر بقيمة 1 دولار  
واحصل على 1 دولار مجانية  
من الفواكه والخضراوات**



Scan the QR code below for more resources!



[linktr.ee/GleanersKitchen](https://linktr.ee/GleanersKitchen)

Text **HEALTHYEATS** to **833-956-1009** to get text alerts for classes, nutrition tips, recipes, and more!