



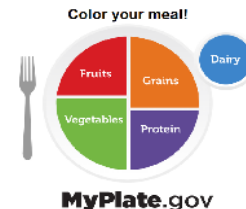
DATE BARS



Ingredients:

2 cups dried Dates or Figs, chopped
1/2 cup Walnuts (optional)
2 Tbsp hot water
1 cup Brown Sugar
1 1/2 cup All-purpose Flour
1 1/4 cup Rolled Oat

1/3 cup sugar
Juice from 1/2 Orange
1/2 cup Butter, softened
1 large Egg
1/2 tsp Baking Soda



Directions:

1. Mix together chopped dates or figs, sugar, orange juice, and hot water. Set aside.
2. Cream together butter and brown sugar. Add an egg and whisk until mixture is smooth.
3. Add flour, baking soda, and oats and mix until dough is smooth.
4. Reserve 1 cup of dough for the top. Mold remaining dough to bottom of 9x13 baking dish. Top with date or fig mixture.
5. Add the remaining cup of dough on top, and bake at 350 for 30 minutes.

Find more recipes and resources online at: www.gcfb.org/recipes_resources

Want to apply for SNAP Benefits? Call the number below for assistance!

Mention Gleaners when speaking with your SNAP representative.

F.O.R.
Comida y otros recursos
LÍNEA DE AYUDA



Para obtener ayuda para encontrar una despensa de alimentos, ayuda para presentar una solicitud de beneficios de SNAP o referencias a otros recursos, llame al

1-888-544-8773

 Operado por el Consejo del Banco de Alimentos de Michigan
Food Bank Council of Michigan
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Food and Other Resources
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For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

1-888-544-8773

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خط المساعدة



للحصول على المساعدة في العثور على مخزن طعام، أو المساعدة في التقدم بطلب للحصول على مخصصات SNAP، أو الإحالات إلى موارد أخرى، اتصل بالرقم

1-888-544-8773

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